

my planner.

(SAMPLE VERSION)

hello + thank you

Thank you so much for downloading the SAMPLE of our new [Undated Digital Planner](#)!

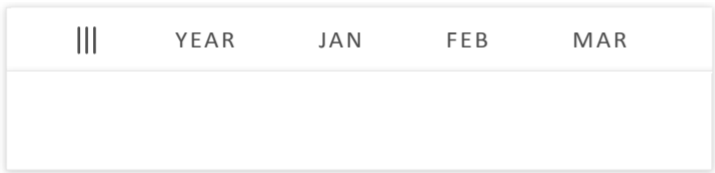
Please note that since this is just a SAMPLE PLANNER, you will NOT be able to access all the links/pages which is available in the actual planner. Rather, this sample allows you to have a look into one of our digital planners and get a feel for our simplistic yet practical style/aesthetics to see if it suits you and your device.

ONLY THE LINKS FOR THE FIRST TWO WEEKS OF JANUARY IS WORKING IN THIS SAMPLE.

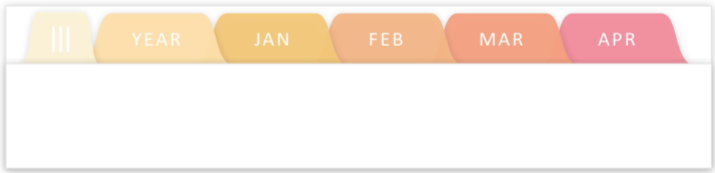
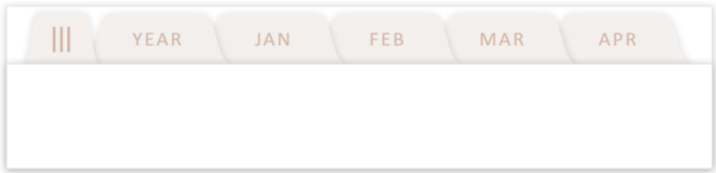
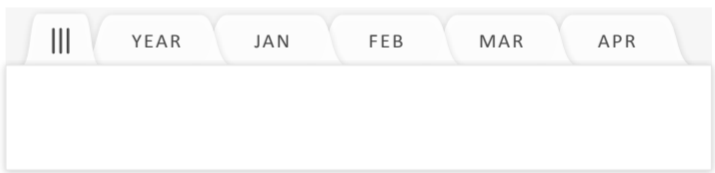
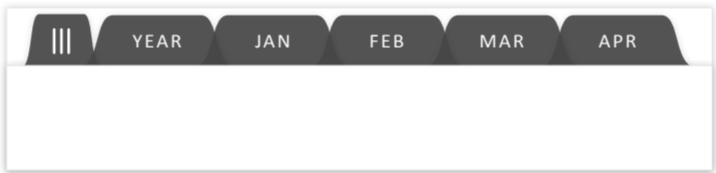
The Undated Digital Planner is a comprehensive digital planner and there are many hyperlinks you need to be aware of in order to fully utilize the planner. *Please refer back to the [listing images on Etsy](#) to see where all the hyperlinks are so you are aware of all the features.*

Your purchase comes with **FIVE “tabs” design/color options** for the planner.

MINIMAL TABS



CLASSIC TABS



If you enjoyed using this sample and you are interested in purchasing the full planner, I would like to help you get started! Here is a special discount code to get **30% off** the price of the UNDATED Digital Planners (applies to both horizontal and vertical versions): PRE30 or [click here](#).

I hope you find this useful!
Aileen x

 Yearly Pages

YEARLY CALENDAR

YEARLY OVERVIEW

YEAR AT A GLANCE (JAN-JUN)

YEAR AT A GLANCE (JUL-DEC)

YEARLY REVIEW

YEARLY FINANCE

 Wellness

WORKOUT PLANNER

WEEKLY EXERCISE PLANNER

STEPS TRACKER

WALKING/RUNNING LOG

MY JOURNEY IN PHOTOS

BODY MEASUREMENTS + GOALS

MEAL IDEAS LIST

RECIPE CARD

PERIOD LOG

SLEEP LOG

MOOD TRACKER

VITAMINS + MEDICATION TRACKER

 Productivity

VISION BOARD

ROUTINE PLANNER

HABIT TRACKERS

MASTER TO DO LISTS

PRIORITY MATRIX

MANIFESTATION JOURNAL

MY DREAM LIFE

 Lifestyle

CLEANING/CHORES PLANNER

MOVIES/SHOWS LIST

READING LIST

BOOK REVIEW

MY CONTACTS

MY PASSWORDS

MEETING NOTES

EVENT PLANNER

MY DELIVERIES

 Finance

DEBT PAY-OFF TRACKER

DEBT SNOWBALL TRACKER

SAVINGS TRACKER

VISUAL SAVINGS TRACKER


52 WEEKS SAVINGS CHALLENGE

DONATIONS

SUBSCRIPTIONS + MEMBERSHIPS

 Notebook Dividers

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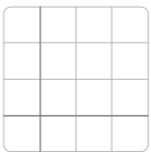
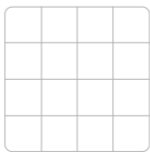
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 Notes Templates



 My Goals

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 My Projects

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Yearly Calendar

CALENDAR

YEARLY OVERVIEW

YEAR AT A GLANCE (JAN - JUN)

YEAR AT A GLANCE (JUL - DEC)

YEARLY REVIEW

YEARLY FINANCE

JANUARY

	M	T	W	T	F	S	S
W1							
W2							
W3							
W4							
W5							

FEBRUARY

	M	T	W	T	F	S	S
W1							
W2							
W3							
W4							
W5							

MARCH

	M	T	W	T	F	S	S
W1							
W2							
W3							
W4							
W5							

APRIL

	M	T	W	T	F	S	S
W1							
W2							
W3							
W4							
W5							

MAY

	M	T	W	T	F	S	S
W1							
W2							
W3							
W4							
W5							

JUNE

	M	T	W	T	F	S	S
W1							
W2							
W3							
W4							
W5							

JULY

	M	T	W	T	F	S	S
W1							
W2							
W3							
W4							
W5							

AUGUST

	M	T	W	T	F	S	S
W1							
W2							
W3							
W4							
W5							

SEPTEMBER

	M	T	W	T	F	S	S
W1							
W2							
W3							
W4							
W5							

OCTOBER

	M	T	W	T	F	S	S
W1							
W2							
W3							
W4							
W5							

NOVEMBER

	M	T	W	T	F	S	S
W1							
W2							
W3							
W4							
W5							

DECEMBER

	M	T	W	T	F	S	S
W1							
W2							
W3							
W4							
W5							



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YEAR

JAN

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OCT

NOV

DEC

Yearly Overview

JANUARY	

FEBRUARY	

MARCH	

APRIL	

MAY	

JUNE	

JULY	

AUGUST	

SEPTEMBER	

OCTOBER	

NOVEMBER	

DECEMBER	

JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE
1	1	1	1	1	1
2	2	2	2	2	2
3	3	3	3	3	3
4	4	4	4	4	4
5	5	5	5	5	5
6	6	6	6	6	6
7	7	7	7	7	7
8	8	8	8	8	8
9	9	9	9	9	9
10	10	10	10	10	10
11	11	11	11	11	11
12	12	12	12	12	12
13	13	13	13	13	13
14	14	14	14	14	14
15	15	15	15	15	15
16	16	16	16	16	16
17	17	17	17	17	17
18	18	18	18	18	18
19	19	19	19	19	19
20	20	20	20	20	20
21	21	21	21	21	21
22	22	22	22	22	22
23	23	23	23	23	23
24	24	24	24	24	24
25	25	25	25	25	25
26	26	26	26	26	26
27	27	27	27	27	27
28	28	28	28	28	28
29	29	29	29	29	29
30		30	30	30	30
31		31		31	

Year at a Glance

Yearly Review

3 accomplishments from the previous year I am most proud of:

- _____
- _____
- _____

3 greatest lessons I learned in the previous year:

- _____
- _____
- _____

If I could go back, what would I do differently?

My top 3 goals of the year:

1. _____
2. _____
3. _____

Habits to work on

Habits to break

Things I want to get better at:

What is ONE word that best sums up & describes the previous year?

Things I am looking forward to this year:

New things I want to try:

Ways I can help others:

How do I want to feel this year? How do I want to evolve?

FINANCIAL GOALS FOR THE YEAR

Savings:

Debt payoff:

Other:

•

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JAN

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January

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16
17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

OVERVIEW | REFLECTION | FINANCES | TRACKERS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

NOTES

W1



W2



W3



W4



W5



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YEAR

JAN

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DEC

MONDAY

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YEAR

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W3



W4



W5



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YEAR

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May

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OVERVIEW

REFLECTION

FINANCES

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July

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OVERVIEW

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FINANCES

TRACKERS

YEAR

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YEAR

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Monthly Overview

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

This month’s main focus or intention

Goals to achieve this month

Projects to work on

Events to attend

Things I want to do this month

NOTES

Important dates to remember

Monthly Reflection

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

How was my month?

Highlights & accomplishments achieved this month

Challenges faced this month

What is the most important lesson I learned this month?

Rate the following areas of my life:	1	2	3	4	5
PERSONAL GROWTH					
FAMILY RELATIONSHIPS					
MARRIAGE / ROMANCE					
SOCIAL RELATIONSHIPS					
HEALTH & FITNESS					
WORK / STUDIES / BUSINESS					
FINANCIAL					

What to continue doing

What to start doing

What to stop doing

Monthly Finance

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

OVERVIEW | REFLECTION | **FINANCES** | TRACKERS

THIS MONTH'S FINANCIAL GOAL

MONTHLY OVERVIEW

Opening balance:

Total income:

Total expense:

Closing balance:

DATE	INCOME	AMOUNT
------	--------	--------

TOTAL:		

DATE	SAVINGS	AMOUNT	DUE	BILLS	AMOUNT	PAID
------	---------	--------	-----	-------	--------	------

[illegible]

DATE	EXPENSES	AMOUNT
------	----------	--------

DATE	EXPENSES	AMOUNT
------	----------	--------

[illegible]

Monthly Trackers

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

DAILY HABITS	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

MOOD TRACKER

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	

MOOD TRACKER KEY

	HAPPY		OVERWHELMED		
	PRODUCTIVE				

SLEEP TRACKER (hours slept)

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	

SLEEP TRACKER KEY

	0-3 HOURS		6-9 HOURS		12+ HOURS
	3-6 HOURS		9-12 HOURS		

OTHER:

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	

KEY

NOTES

MON

TUE

WED

THU

FRI

SAT

SUN

Priorities

Tasks

Notes

01	02	03	04	05	06	07
08	09	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

January

W1

W2

W3

W4

W5

WEEKLY PLANNER

WEEKLY SCHEDULE

CHECK-IN

MEAL PLANNER

MON

TUE

WED

THU

FRI

SAT

SUN

Priorities

Tasks

Notes

01020304050607

08091011121314

15161718192021

22232425262728

293031

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	MON	TUE	WED	THU	FRI	SAT	SUN
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This week’s main focus/goal

Action steps

1.

2.

3.

4.

5.

6.

Habits	M	T	W	T	F	S	S
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

How can I show myself more love?

THIS WEEK’S PRODUCTIVITY RATING:

12345678910

What went well this week?

What I want to remember about this week

What can be improved?

Notes

This week’s main focus/goal

Action steps

1.

2.

3.

4.

5.

6.

Habits	M	T	W	T	F	S	S
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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How can I show myself more love?

THIS WEEK’S PRODUCTIVITY RATING:

1

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What went well this week?

What I want to remember about this week

What can be improved?

Notes

SUN

SUN

Date:

Today's Schedule

Priorities

To Do

Notes



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8

Date:

Today's Schedule

Priorities

To Do

Notes



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Date:

Today's Schedule

Priorities

- ☐ _____
- ☐ _____
- ☐ _____

To Do

Notes



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Date:

Today's Schedule

Priorities

To Do

Notes



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3

Date:

Today's Schedule

Priorities

- ☐ _____
- ☐ _____
- ☐ _____

To Do

Notes



1

2

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7

8

Date:

morning

Today’s affirmation

I am grateful for

1.
2.
3.

What can I do to make today great?

night

Things that made me smile today

1.
2.
3.

What can I do to make tomorrow better?

DAILY PLANNER

DAILY CHECK-IN

W1

W2

W3

W4

W5

Meals

B

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D

S

Water tracker



Self-care

Physical activity

Cleaning task

My thoughts



1

2

3

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7

8



YEAR

JAN

FEB

MAR

APR

MAY

JUN

JUL

AUG

SEP

OCT

NOV

DEC

Date:

morning

Today’s affirmation

I am grateful for

1.
2.
3.

What can I do to make today great?

night

Things that made me smile today

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2.
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What can I do to make tomorrow better?

DAILY PLANNER

DAILY CHECK-IN

W1

W2

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W4

W5

Meals

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Water tracker



Self-care

Physical activity

Cleaning task

My thoughts



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Notebooks Home Page

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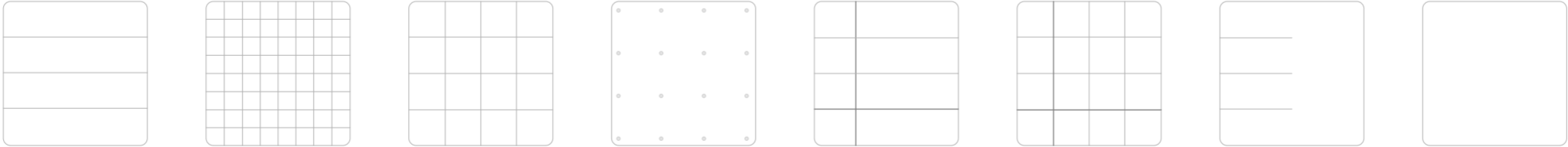
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Notepaper Templates

Duplicate and use these templates as many times as you wish. COPY and PASTE the pages behind the notebook section of your choice.





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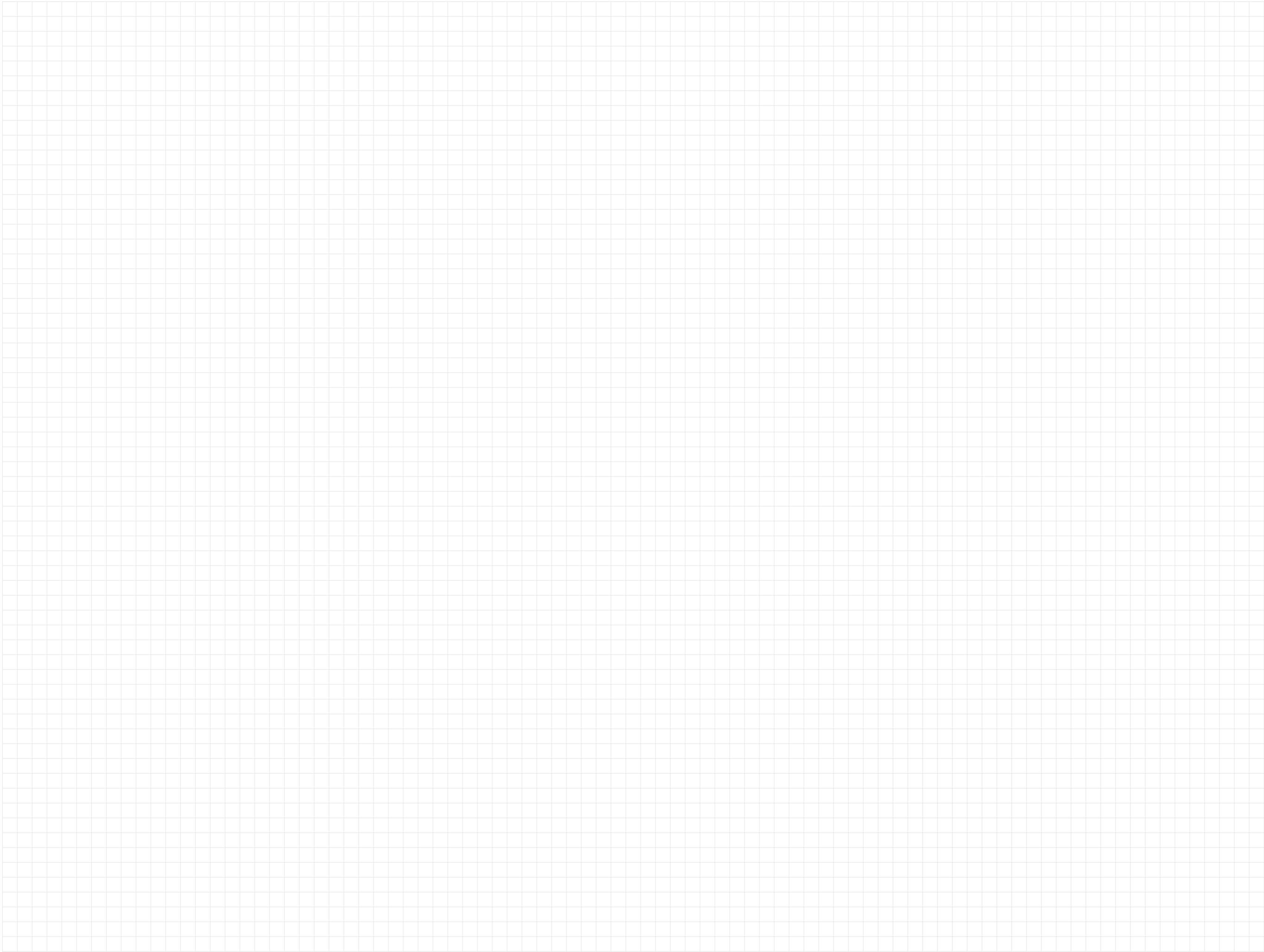
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My Projects

Here is an overview of all the projects I am working on during the year. Tap the arrows to plan out each project in detail.

PROJECT:	➔
PROJECT:	➔
PROJECT:	➔
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PROJECT:	➔
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PROJECT:	➔
PROJECT:	➔
PROJECT:	➔

Project Planner

PROJECT TITLE	Start date:
	Due date:
	Date completed:

<p>Project description & objectives:</p>
<p>Resources required:</p>

My Goals

Here is an overview of all the goals you want to accomplish during the year. Tap the arrows to plan out each goal in detail.

GOAL:

➔

GOAL:

➔

GOAL:

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GOAL:

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GOAL:

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Goal Planner

Start date:	
Goal deadline:	
Date completed:	

Reason for achieving goal:
Potential obstacles and how to overcome them:
Reward for achieving goal:

Habits to help achieve goal	Frequency
•	
•	
•	
•	
•	